



Prince Albert Ski Club

Newsletter

November 2017

www.paskiclub.ca

PA Ski Club Membership

- Join online via Zone 4 at <https://zone4.ca/register.asp?id=16314>
- Join using the paper form available with this newsletter or from the club's website at <http://www.paskiclub.ca/membership.html>

The club maintains and grooms 50 km of classic and freestyle ski trails at Little Red River Park and the Cooke Municipal Golf Course. The club has been and continues to be an effective lobby for maintaining and enhancing passive recreation trails at Little Red River Park.

This season club volunteers will be hosting free ski lessons for members, a fun ski day, the annual loppet, and Thursday evening time trials.

Club tracking crews will be grooming and track-setting our ski trails in the same timely manner as previous years, providing some of the best cross country ski trails in Saskatchewan.

Enjoy the winter and join our club to support the work of our volunteers!

Early Bird Draw

Buy your 2017-18 PASC membership on or before **Sunday, December 17th** and your name will be entered in the Early Bird Draw. The draw will take place in early January and the two winners will each receive a \$100 FAE gift card.

Last year's winners were Owen Rance and Alexander Brown.

Annual General Meeting

Monday December 4th, 2017
Little Red River Park, Cosmo Lodge
7:00 – 8:30 pm

You are invited to join us at the Cosmo Lodge for the AGM. All members are welcome.

Agenda

- Fee Structure 2018-19
- Changes at Little Red River Park
- Financial Report
- Volunteer Award
- Election of Board of Directors 2017-18

PASC Fun Day and Loppet

January 26th and 27th, 2018

The Club will host a fun day of skiing activities for members and non-members on Friday, January 26th from 10:30 am to 2:00 pm. This event will be held at the Cosmo Lodge at Little Red River Park.

On Saturday, the Club will host the annual loppet at Little Red River Park. There will be a 10:00 am start for this classic ski loppet. The distances you may choose to ski will range from 5 to 30 km. A stew and bannock after-ski meal will be held at Cosmo Lodge.

This year the Loppet committee will be raising funds for Kidsport. Gene's Sport Excellence and FAE are major sponsors for the event.

Ski Swap

Sunday November 26th, 2017,
1:00 to 4:00 pm
Cosmo Lodge, Little Red River Park

Register Equipment at 12:30 pm

2016-17 Board of Directors

President: Mike Horn
Vice-President: Doug Dietrick
Secretary: Cindy Gill
Treasurer: Mike Zamulinski
Directors: Chris Bennington
Roy Fremont
Bill Jeffery
Mike Kopchynski
Anna Sigurdson
Bart Vick

Great Blue Heron Park

This provincial park encompasses the Emma and Anglin Lake Recreational Sites, along with adjacent crown lands, totaling 27,596 acres (43 sq. miles).

The PA Ski Club has been part of the park management plan advisory group since February 2014. Part of the group's role includes the enhancement of passive recreation trails in this park.

Last year, the cross-country ski trails at Anglin Lake were widened and upgraded. The parking lot by the trail head is now being cleared in the winter and a warm-up / overnight shelter is available at the former fire tower location.

Search "great blue heron provincial park – anglin lake trails" for more information and a trail map.

PASC Web Site

Thanks to Lynn Phaneuf for his work over the past several years maintaining our web site. Lynn has now officially "retired" from this duty. Please contact a member of the board if you are interested in helping us out.

Newsletter: Doug Dietrick
Nancy Pardoe

PASC Operations

The Prince Albert Ski Club depends on volunteer hours and membership fees to operate.

Costs were lower last year as it was a low snow year. A few statistics:

- **190** volunteer hours were spent packing and tracking the trails.
- **104** volunteer hours were spent on fall work to clear the trails.
- Some of the operating expenses include:
 - Fuel and oil: \$500
 - Repairs and maintenance: \$700
 - Equipment insurance: \$950
 - Signage: \$1,100
- Equipment purchased to replace older, aging equipment:
 - SWT Skidoo: \$14,400

Memberships Needed

The Prince Albert Ski Club has seen a drastic decrease in membership numbers since 2014:

2016-17	193		
2015-16	198	2010-11	357
2014-15	204	2009-10	311
2013-14	296	2008-09	309
2012-13	323	2007-08	338
2011-12	270	2006-07	318

Along with reduced revenue from membership fees, losing approximately one-third of our membership means that our CCS/SASKI Member Assistance Program (MAP) grants will be significantly reduced. The Club applies for MAP grants each year. In the 2012-13 ski season, the Club received **\$5,049**; last year the Club received **\$3,431**.

Revenue is important to our continued operations. Please encourage other skiers to join our Club.

Trail Changes & Enhancements

#1. River Trail

Four kilometres of the River Trail has been widened and leveled over the summer months. These improvements will allow tracking crews to groom and track-set a freestyle track earlier in the season needing only a minimal snow base. On behalf of the club, a big "Thank You" goes out to:

- **Bill Jeffery**, who managed the project,
- **Broda Construction**, for their contribution in completing the earth work and
- All the volunteers who worked on the trail this fall.

The section of River Trail that has been the closed the last two seasons will be groomed again this winter. With the completion of the City's riverbank stabilization of the Little Red River, the section of the ski trail from the Cosmo Lodge to Highway 55, up Herringbone Hill and back to the PA Sports Council Trail will be open. Hopefully, the lighting on this section of the ski trail can be repaired in time for the ski season.

#2. West Trail

Several changes have been completed on this trail to avoid sections damaged by forest fires and/or vehicular traffic.

#3. Tower Trail

A major rerouting of this trail has been undertaken to avoid sections damaged by vehicular traffic. Sections between the Kristi Lake Junction and Janzen Junction were completed this fall. A small section of Kristi Trail was changed as well.

#4. East Poplar Trail

Changes to the south side of this trail will enhance the classic track.

Look!

#5. Cooke Municipal Golf Course Trail

A major irrigation project at the golf course will delay the start of this ski season at the golf course. Our tracking crews are working with the golf course and will track the ski trail as soon as possible after the project is completed.



Clockwise from top:

- Trail is leveled,
- Chips are spread,
- Prominent cat tracks



Jackrabbit Ski League

This is a "learn to ski" program for children age 3 to 12 years old. The program is focused on encouraging fun on skis.

- Weekly sessions will be held on Saturdays afternoons

To register for the program or obtain more information, contact Anna Sigurdson at 306.981.4642 or email asigurds@ualberta.ca

Free Ski Lessons for Members

Bill Jeffery will offer ski lessons for novice as well as experienced skiers this winter.

Contact Bill at 306.922.0399 or skipaddle@sasktel.net.

Race Team News

It looks like winter has arrived! We still need a bit more snow before trails can be groomed but on snow practices have started on the Sturgeon River Nordic beaver pond and Prince Albert Ski Club at Kristi Lake in Little Red. Last year was a terrific year with lots of podium finishes and personal bests. This year our racers are looking to have an even better 2017-2018 race season.

The race team has been training hard since the summer to get prepared for ski season. Team members have been staying fit with running, cycling, paddling and roller skiing. Since spring, skiers have also attended high performance training camps in Regina, Waskesiu, Flin Flon and Banff. In mid-November, some of the race team are off to Lake Louise for a fun filled but intense ski camp before starting on snow ski races.

The race season started a few weeks ago, when we hosted a Cross Country Canada sanctioned rollerski event in Waskesiu. The Rutting Elk Rollerski races were the first official CCC sanctioned roller ski races to be held in Western Canada. All of the racers and volunteers enjoyed the event and we intend to make it an annual event.

Time Trial Tentative Schedule

Week	Date	Distance	Technique	Location
1	Dec 7	5 km	Skate	Golf Course
2	Dec 14	5 km	Classic	Golf Course
3	Dec 21	2 Km	Skate	Little Red
4	Jan 4	4 km	Classic	Little Red
5	Jan 11	1 km	Sprints Skate	Little Red, Sports Council Loop
6	Jan 18	5 km	Classic	Tower Trail, from N. Parking Lot
7	Jan 25	7 km	Skate	River Trail + Skate Loop
8	Feb 1	8 km (4+4)	Skiathlon	River Trail
9	Feb 8	1.5 km	Skate	Sports Council Loop
10	Feb 15	8 km	Classic	Tower Trail from Cosmo Lodge
11	Feb 22	4 km	Classic	Little Red, River Trail
12	Mar 1	8 km	Skate Reverse	Little Red, River Trail, 2 times

This will be a busy year for our experienced team members as well as some that are new to racing. Members of the team will be attending Sask Winter Games in North Battleford, and SaskCup races held in various venues around the province. Our more experienced skiers will also participate in events in Alberta and BC, and National Championships in Thunder Bay Ontario.



A new initiative for the upcoming season is a weekly series of time trials Thursday evenings at Little Red. Members from either Sturgeon River Nordic or Prince Albert Ski Club are welcome to join in. The races will alternate every week between classic and skate skiing. Although they are timed races, skiers at all levels are welcome. Participants will be able to see their improvement over the winter as well as prepared for the PA Ski Club loppet and other loppets around the province.

The race team is always looking for new skiers, primarily between the ages of 10 and 16, however, everyone is welcome to come out. Please contact Svenja Belaoussoff for more details: 306-314-9301 or svenja_@hotmail.com.